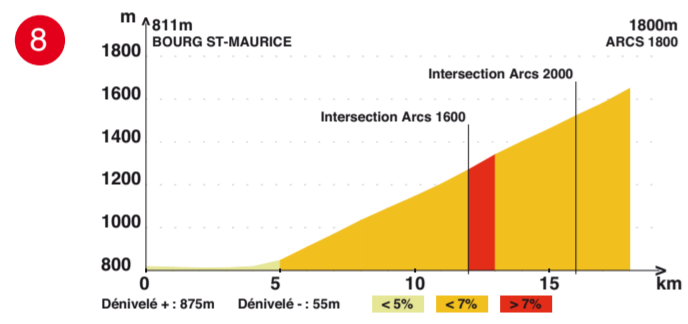
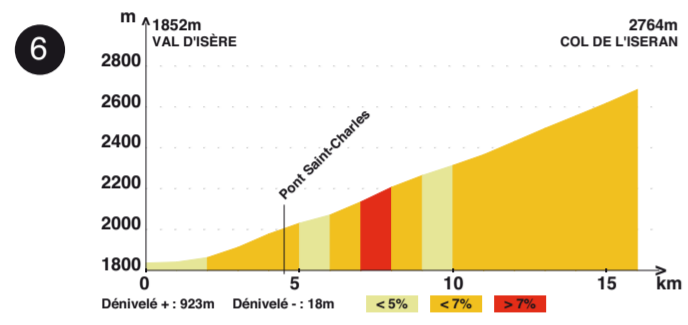
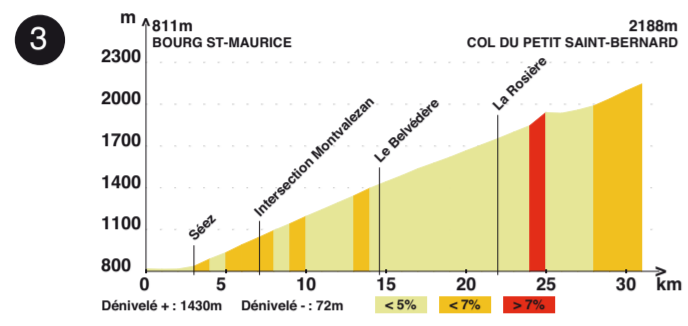
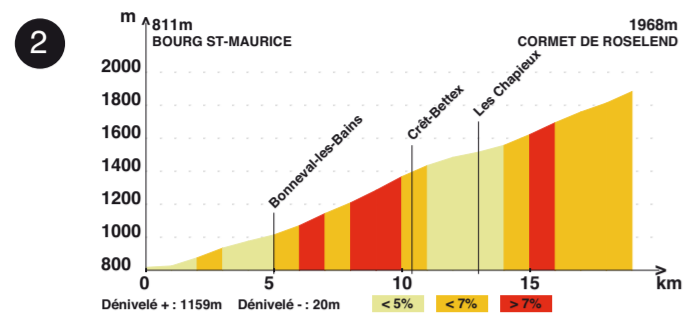
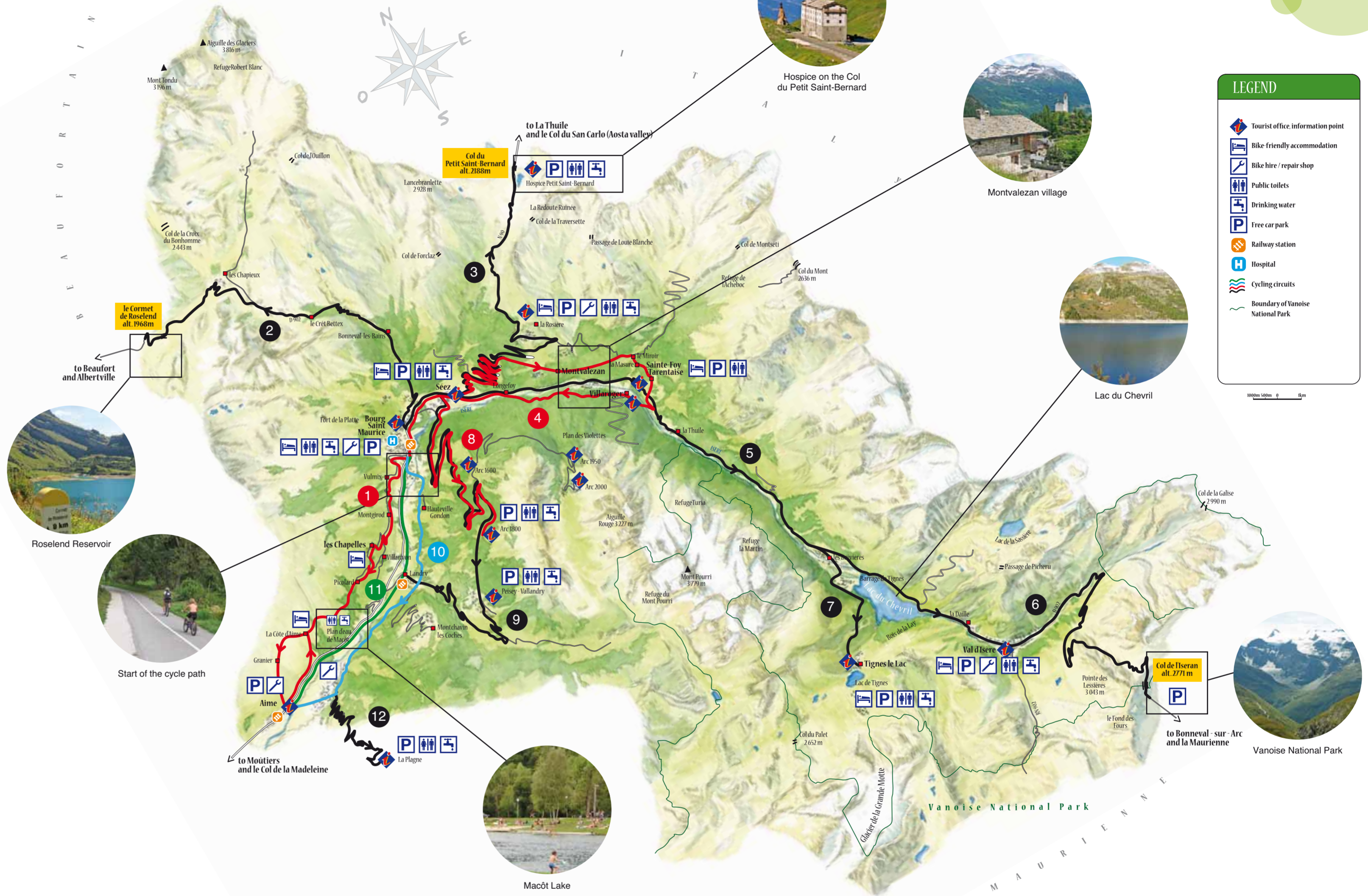
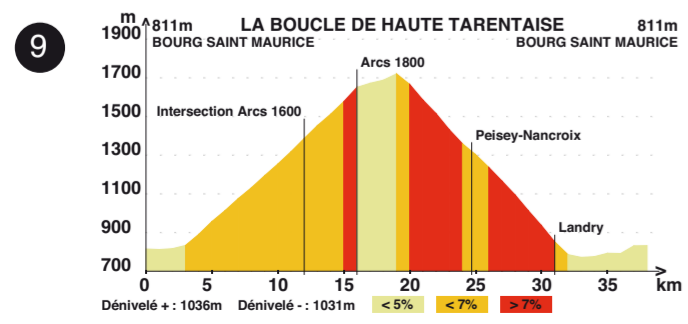
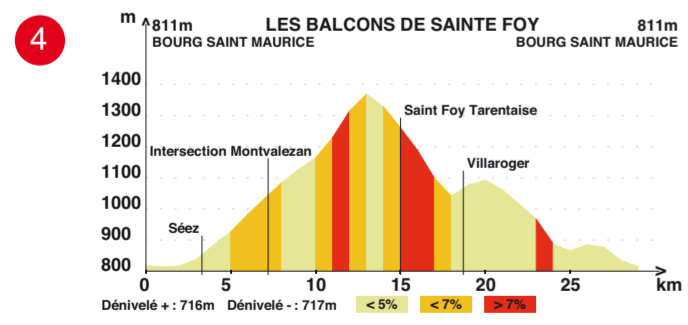
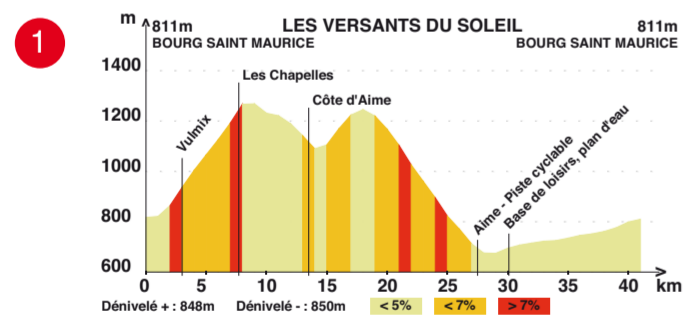


MAJOR COLS AND HILL CLIMBS



DISCOVERY CIRCUITS



LIST OF CYCLE ROUTES:

- 1** Sunny Side Route: Start: Bourg Saint Maurice / 41.5 km / 848 m ascent
- 2** Cornet de Roselend: Start: Bourg Saint Maurice / 19.5 km / 1160 m ascent
- 3** Col du Petit Saint Bernard: Start: Bourg Saint Maurice / 31.3 km / 1400 m ascent
- 4** Sainte Foy Balcony Route: Start: Bourg Saint Maurice / 29.5 km / 717 m ascent
- 5** Col de l'Iseran: Start: Bourg Saint Maurice / 47.5 km / 2200 m ascent
- 6** Col de l'Iseran: Start: Val d'Isère / 15 km / 900 m ascent
- 7** Tignes Hill Climb: Start: Bourg Saint Maurice / 31.4 km / 1450 m ascent
- 8** Les Arcs 1800 Hill Climb: Start: Bourg Saint Maurice / 18.6 km / 875 m ascent
- 9** Haute Tarentaise Circuit: Start: Bourg Saint Maurice / 38 km / 1036 m ascent
- 10** Tarentaise Balcony Route: Start: Bourg Saint Maurice / 28.4 km / 300 m ascent
- 11** Cycle path: Start: Bourg Saint Maurice / 12 km / 22 m ascent
- 12** La Plagne Hill Climb: Start: Aime / 17 km / 1200 m ascent

Choosing your route

- Green circle:** Easy route on cycle path separate from the road, suitable for families.
- Blue circle:** Undulating route with no steep hills (total ascent of < 600 m), suitable for families.
- Red circle:** Difficult circuit with hill climbs and descents that can be steep but with a total ascent of < 1000 m.
- Black circle:** Very difficult circuit, only for cyclists used to cycling at high altitude. Very long hill climbs and descents (total ascent of > 1000 m).